



INFORMED CONSENT Orthodontic Treatment in the Era of COVID-19

(from the University of Illinois-Chicago Department of Orthodontics)

Thank you for your continued trust in our practice. As with the transmission of any communicable disease like a cold or the flu, you may be exposed to COVID-19, also known as “Coronavirus,” at any time or in any place. Be assured that we have always followed state and federal regulations and recommended universal personal protection and disinfection protocols to limit transmission of all diseases in our office and continue to do so.

Despite our careful attention to sterilization, disinfection, and use of personal barriers, there is still a chance that you could be exposed to an illness in our office, just as you might be at your gym, grocery store, or favorite restaurant. “Social Distancing” nationwide has reduced the transmission of the Coronavirus. Although we have taken measures to provide social distancing in our practice, due to the nature of the procedures we provide, it is not possible to maintain social distancing between the patient, the orthodontist, orthodontic staff, and sometimes other patients at all times.

Although exposure is unlikely, do you accept the risk and consent to treatment?

Yes _____ No _____

Patient/Parent’s Signature

Date



Kaplin Orthodontics Supplemental HealthCare Questionnaire

If you have been exposed to a communicable disease, you may spread the disease to the orthodontist, orthodontic staff, or other patients/parents in the practice. Therefore, prior to each appointment, we will be asking the following questions to reduce the chances of transmission.

Have you, anyone you live with, (or those accompanying you to today's appointment) tested positive for, or have been diagnosed with COVID-19? Please mark Yes, even if you are evaluating your status after being exposed. And please mark Yes, if your doctor or an agency has "cleared" you to end quarantine. Dr. Kaplin requires knowledge of all exposures as a condition of entry.

Yes _____ No _____ If yes, when? Date _____

Please explain: _____

Do you, your child, or others accompanying you to today's appointment or other recent acquaintances have:

- Do you, your child, or other accompanying you to today's appointment have a fever over 99.6 degrees? Before you arrive, we will also take your temperature. Please do not drink anything hot or cold 30 minutes before you arrive. Yes _____ No _____
- A Cough. Shortness of Breath, Breathing? Yes _____ No _____
- Persistent Pain, Pressure, or Chest Tightness? Yes _____ No _____
- Persistent digestive pain, nausea, diarrhea, or rash? Yes _____ No _____
- Currently taking any fever-reducing medicine? Yes _____ No _____
- Have you lost your sense of taste or smell? Yes _____ No _____

I understand that if the answer to any of these questions is yes, I will be asked to reschedule today's orthodontic appointment.

Patient/Parent's Signature

Date



Our New Protocols for Visiting Kaplin Orthodontics:

Before you leave for your appointment:

- We are asking our patients to **brush their teeth at home** before coming into the office. We have been directed by the ADA (American Dental Association) to close our tooth brushing areas during this time. This includes brushing in the restroom.
- Please don't forget to **bring whatever type of mask you have** at home. It does not have to be a surgical mask; a homemade mask will suffice. If we can spare them we will; but there is a nation-wide shortage.
- Please have already have **filled-out and submitted the online Consent and Health Questionnaire** we sent you by text or email. We will have forms here if necessary, but we are trying to minimize paper and pen usage.
- Please remember to **use the bathroom before you leave the house**, if you can. We have been instructed to severely limit the usage of our bathrooms.

When you arrive:

- **Text us at 224.548.9862 or call us 847.253.2300 to let us know you are here.** We will text or call you when it is time for our patients to come into the office for their appointment.
- If our patient is under 11 years old, an adult is welcome to come in. But the adult will also need to come in with a mask (of some sort) and allow us to take their temperature and answer a few questions to ascertain if they are ill, or potentially ill. For 11 and older, we prefer our patients come in alone. But a parent will not be turned away if they come in.
- If there are financial papers to sign, the parent is welcome to visit the front desk, but they are required to wear a mask (of some sort), and allow us to ascertain that they are not ill.
- The assistant who will be with the patient will greet them at the door. We will take your temperature (no contact), and review the Health questionnaire. Assuming our patient is deemed healthy, the assistant will escort the patient back to the treatment room.



In the office:

- No parent will be permitted to come into the clinic area except the patient, except if they are under 11 years old.
- Our patients will be asked to wash their hands both before and after their visit. We will be giving protective eyewear (cute sunglasses) to have on while they are in the chair.

Making the next appointment:

- For the first visit, or two, our plan is to take the liberty of giving our patients their next appointment date & time. We want to take full advantage that there is no school, sports, band, camp.....and many parents are working from home. If the appointment we give you does not work for you, you can call us and we will make you another one.

Communicating with Dr. Kaplin:

- By this point in time, imagine how many parents want to know if their child's orthodontic treatment is on-schedule, behind, are doing ok.....
Please send your child in with their cell phone. They can call you in the car and we can catch up on the speakerphone. Or, we can tell your child the info you need to know. Or, Dr. Kaplin can follow up by email, text, phone, Zoom, or SmileSnap.

I have read and understand the above information:

Parent/Guardian